December 2026

The Centre Newsletter







Coming up in December:

Get crafty, creating Christmas Button ornaments, painting a winter watercolour scene, or making a festive video of your favourite family holiday pictures and memories.

We're hosting an informative and inspiring talk all about downsizing, decluttering, and creating a more organized home!

Celebrate Winter Solstice with an evening of guided Yoga Nidra, journaling, crafting an intention card for winter, warm tea, and conversation.

Plus enjoy all of your favourite regular activities happening Monday-Saturday at the Centre.

We hope to see you soon!

- Krista, Alison, Amy, & Maddie, Staff Team at The Centre

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November Recap

We received an abundance of positive comments about our Remembrance Day wall. It was appreciated by members and the community at large. Thank you to the team of volunteers who crocheted & knitted the poppies Nancy Koldyk, Alison Galbraith, Judy Doidge, Lisa Hiles, Elke Trudgen, Karen Clark, Cathy Roberts, Alex Mallillin, Maisie Johnson, and Laura Jeffrey.



Special thanks to Sue McLarty, Val West, Linda Schnabel, Cathy Roberts, Mary Bell, and Jean Cook, for creating all of the Christmas urns and swags that we sold as a fundraiser for the Centre.



We hosted our Community Art Show featuring 40 incredible works by 15 local artists. Their art is still available for you to come and view at The Centre until December 18.

Our annual Christmas Bazaar and Bake sale was a success. We hosted 25+ local art & craft vendors, Phil Jacobs played live music, and over $1,300 was raised for The Centre through the raffle and bake sale. Thank you to everyone who took the time to bake items for our sale, to Karen Clark for organizing the bake sale, and to the entire team of volunteers who helped at the Bazaar.



The Kiwanis Club of Ridgetown joined us as special guests at our November luncheon and shared all about the important work they do to help kids in our community thrive!



The Centre is decked out, with dazzling and beautifully decorated trees, thanks to Linda Schnabel, Val West, Jean Cook, and Sue McLarty.

Member of the month:





Herschel de Jong

Herschel has been coordinating our pickleball activity at the high school since 2024, taking care of all of the equipment, checking people in, and welcoming new pickleball players. He helped organize our first ever pickleball tournament. He is a regular volunteer in our luncheon crew. Thanks Herschel for your active participation and volunteering at the Centre!

Participation Fee & Unlimited Participation Fee Increase Effective December 1, 2026

We're implementing our first fee increase in over a decade. **Our activity participation fee for members will be $4/activity and $8/activity for non-members. Our unlimited participation pass will only be available as a 3-month option, and the price will be $100. Our membership fee remains the same.**

We are committed to keeping our activities affordable. These changes will help address the pressure of increased costs to operate the Centre and ensure that we can sustain the quality and variety of programming we offer over the long term.

We understand you may be wondering how this impacts you and any current unlimited participation pass you have:

Question 1: Will my current unlimited participation pass still work after December 1?
Answer: As long as your unlimited participation pass is valid, then it will continue to work after the fee increases.

Question 2: I don't have an unlimited participation pass. Can I purchase at the current rate before December 1?
Answer: Yes, you can purchase an unlimited pass at our current rates from now until November 30.

Question 3: My unlimited participation pass doesn’t expire for another month or a few months. Can I renew it early?
Answer: Yes, you can renew your unlimited participation pass early. Renewing early will not shorten or impact your current pass. Your renewal period will start after your current expiry date. For example, if your current unlimited pass expires on January 30, 2027, and you want to renew for another 3 months, your new expiry date would be April 30, 2027.

Participation Fee & Unlimited Participation Fee Increase Cont.
Effective December 1, 2026

Question 4: Why can't we purchase a 6 or 12-month unlimited participation pass?
Answer: You will have the option to purchase multiple 3-month passes at the same time, which will give you the equivalent of 6 or 12 months of unlimited activities. Since there is no cost savings to purchasing a 6 or 12-month pass and to simplify one aspect of our front desk operations, we've chosen to only offer a 3-month pass moving forward.

If you have any questions, please contact Krista Kankula at 519-674-5126 or manager@ridgetownadultcentre.com

As of December 1, 2026 - New Participation Fees:

Activity Participation fee:
$4 for members/activity, $8 for non-members/activity

Unlimited Participation Pass:
$100 for 3 months (excludes special events, arts & craft workshops, and other special classes)







Nominate a member for member of the month!

Nominate a member who helps or inspires others, makes the Centre a welcoming and friendly place, or has contributed in a meaningful way.

Get your nomination form at the front desk! Nomination forms are reviewed monthly at the Board of Directors meeting.

Closure Notice:



The Centre will be closed from December 24-January 3. We will reopen on January 4!

We wish you a Happy & Safe Holidays
and a Merry Christmas!

Register online for upcoming activities, special events or renew your membership:

Sign up for activities, purchase tickets for an upcoming special event, or renew your membership or buy an unlimited participation pass online via My Active Center. Here's how to get to our my active center:



1) Click on this link:
https://myactivecenter.com/activities/6077:1

2) Click on the register here icon (you'll also see this icon throughout the newsletter)

3) Scan the QR code

Have an idea? We'd love to hear it

Would you like to see new programs added to the Centre's calendar?

We're always looking for fresh ideas and exciting activities to offer our community. If there's a class, program, or workshop you'd love to see, please chat with Alison, our Activities Coordinator, and share your suggestions! Email programs@ridgetownadultcentre.com

Your ideas help shape what we do!

Activity & Membership Fees

1 Year Standard Membership - $30.00
1 yr. Associate Membership - $15.00

Are you an existing member of another Chatham-Kent adult centre? Show proof of membership to become an associate member with us!

Regular Activity Participation Fees:
Members & Associate Members - $4.00
Non-members - $8.00

3 month unlimited—$100.00

Foot Clinic Appts
Members & Associate Members —$20
Non-members—$30

Ancestry—$25 for members & associate members (access for one year)
This gives you access to a World Deluxe membership which includes access to all records (Canadian and international) on Ancestry. Sign up at the front desk!

Accepted payment methods: cash, debit or credit. As a not-for-profit organization, we appreciate and encourage cash and debit transactions.

Coming up this week at the Centre....

Falls Prevention Presentation

Wednesday, November 25 at 5:30pm

Join us for an informative, and engaging presentation on Falls Prevention, with Bill MacLean and McLauchlin Wellness Clinic!

Learn about the importance of preventing falls and discover simple, practical strategies to help reduce your risk, improve your balance, and maintain your strength and independence. From making small changes around your home to learning ways to stay safe and steady while out and about, this presentation will offer helpful tips and valuable information you can put into practice in your everyday life.

Free to attend!
Open to all - members & public

Drop in and join us!

MWC McLauchlin wellness clinic

Fabric Tree Art - Monday, November 30 at 6:00 pm

3 spaces left!

Join us for a fun and festive evening of creativity as we make our very own decorative Christmas trees! Explore a beautiful mix of fabrics, beads, buttons, colours, and embellishments to create a unique, one-of-a-kind piece that reflects your personal style.

Whether you're a seasoned crafter or just looking to try something new, this is a wonderful opportunity to unwind, get inspired, and enjoy some holiday creativity!

All supplies included! Facilitated by Lisa Hiles

Registration:
$15 for members
$18 for non-members

REGISTER HERE



Quilt Draw

Buy tickets for a chance to win this beautiful handcrafted queen sized quilt! Designed and made by Ardele Brooks. Quilted by Josie Lucio & Mary Hill. All proceeds support the Centre!

Tickets: $5 each or 5 for $20. Purchase yours at the front desk.
Draw takes place on February 12, 2027



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2026 December

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm No Line Dancing tonight	2 Walk it off 9:00am Chair Essentrics 9:00am VON Chair Exercise 11:00am Men's Walk it off 1:00pm Social Bridge 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm Footcare Clinic- call for appt.*	3 Walk it off 9:00am Line Dancing 11:00am Pilates 11:30am Floor Essentrics 12:00pm Games Room & Billiards 1-3pm Mahjong 1:00pm Art Collective 5:30pm Floor Yoga 5:30pm Chair Fitness with Osie 6:00pm Guided Yoga Nidra 6:45pm	4 Walk it off 9:00am Advanced Tai Chi 10:00am [full] Review: Beginners Tai Chi 11:00am [full] VON Chair Exercise 11:15am Po-Ke-No 1:00pm Learn New Card Games 2:00pm Restorative Yoga 6:00pm*	5 Chair Yoga with Lisa 10:00am Core & Sculpting 10:00am 50/50 Workout with Osie 11:05am
6	7 Walk it off 9:00am Chair Yoga with Tanya 9:30am VON Char Exercise 11:00am Social Card Games 1:00pm Practice Tai Chi 2:00pm Floor Yoga 5:30pm Pepper 6:00pm Button Christmas Tree Ornament 6:30pm* Pickleball 7:00pm at RDHS	8 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm Line Dancing 7:00pm	9 Walk it off 9:00am Chair Essentrics 9:00am VON Chair Exercise 11:00am video only Men's Walk it off 1:00pm Social Bridge 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm	10 Walk it off 9:00am Line Dancing 11:00am Pilates 11:30am Floor Essentrics 12:00pm Holiday Memories in Motion 1:00pm* Games Room & Billiards 1-3pm Mahjong 1:00pm Floor Yoga 5:30pm Chair Fitness with Osie 6:00pm Guided Yoga Nidra 6:45pm	11 Walk it off 9:00am Advanced Tai Chi 10:00am [full] Review: Beginners Tai Chi 11:00am [full] VON Chair Exercise 11:15am Po-Ke-No 1:00pm Learn New Card Games 2:00pm Restorative Yoga 6:00pm*	12 Chair Yoga with Lisa 10:00am Core & Sculpting 10:00am 50/50 Workout with Osie 11:05am
13	14 Walk it off 9:00am Chair Yoga with Tanya 9:30am VON Char Exercise 11:00am Downsizing & Decluttering Talk 1:00pm* Social Card Games 1:00pm Practice Tai Chi 2:00pm Floor Yoga 5:30pm Pepper 6:00pm Dungeons & Dragons 6:00pm Winter Watercolour Class 6:30pm* Pickleball 7:00pm at RDHS Nature Photography Group 7:00pm	15 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm Line Dancing 7:00pm	16 Walk it off 9:00am Chair Essentrics 9:00am Holiday Magic at Home: Your Virtual Christmas Experience 10:00am* VON Chair Exercise 11:00am Men's Walk it off 1:00pm Social Bridge 1:00pm Book Club 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm Footcare Clinic- call for appt.*	17 Walk it off 9:00am Line Dancing 11:00am Pilates 11:30am Floor Essentrics 12:00pm Games Room & Billiards 1-3pm Mahjong 1:00pm Christmas Dinner - Doors open at 5:00pm. Dinner at 5:30pm* All evening classes cancelled tonight	18 Walk it off 9:00am Advanced Tai Chi 10:00am [full] Review: Beginners Tai Chi 11:00am [full] VON Chair Exercise 11:15am Po-Ke-No 1:00pm Learn New Card Games 2:00pm Restorative Yoga 6:00pm*	19 Chair Yoga with Lisa 10:00am Core & Sculpting 10:00am 50/50 Workout with Osie 11:05am
20	21 Walk it off 9:00am Chair Yoga with Tanya 9:30am Bridge Lessons with Lee 10:00am* VON Char Exercise 11:00am Social Card Games 1:00pm Practice Tai Chi 2:00pm Floor Yoga 5:30pm Pepper 6:00pm Winter Solstice – Yoga Nidra & Journaling Workshop 7:00-8:45pm* No Pickleball tonight	22 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm Line Dancing 7:00pm	23 Walk it off 9:00am Chair Essentrics 9:00am DVD only VON Chair Exercise 11:00am Men's Walk it off 1:00pm Social Bridge 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm	24–26 The Centre will be closed from December 24–January 3. We will reopen on January 4! We wish you a Happy & Safe Holidays and a Merry Christmas!		
27–31	To learn more or sign up call us at 519-674-5126, click here to sign up online, email programs@ridgetownadultcentre.com or visit us person! To attend activities marked with an asterisk (*), advance sign-up, booking, or ticket purchase is required. All other activities are drop-in unless otherwise specified.					

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Art Collective – Thursday, December 3 at 5:30pm

The Artist Collective is a monthly creative hangout where visual artists of all experience levels can come work on their projects at their own pace. Drop in anytime between 5:30 and 8:30 pm, spread out your supplies, and get lost in your art. It's a relaxed space to connect with other makers, swap ideas, spark inspiration, and just enjoy creating together.

Drop in and join us. $4 for members & $8 for non-members.

Button Christmas Tree Ornament
Monday, December 7 at 6:30pm

Add a little colour and creativity to your holiday season! Join us for a fun, festive crafting class where you'll create your very own Christmas tree ornaments using an assortment of colourful buttons, and decorative wire. Layer and stack buttons in different sizes, shapes, and colours to create adorable little Christmas trees, each with its own unique personality. These charming ornaments are perfect for decorating your Christmas tree, adding a handmade touch to your holiday décor, or giving as a special gift.

No experience necessary! Just bring your creativity and enjoy a relaxing, festive time of crafting. All supplies are included.

Come create something merry and bright!
Instructor Lisa Hiles.

REGISTER HERE

Sign up in advance $7 for members & $10 for non-members.
Call or visit the Centre or sign up online!

Holiday Memories in Motion
Thursday, December 10 at 1:00pm

Turn your favourite holiday memories into a festive video keepsake! In this fun, hands-on class, you'll learn how to use Google Photos or Windows Photos to bring your seasonal pictures to life by creating a photo slideshow with festive background music. We'll walk through the steps of selecting your photos, creating an automated video, adding music, and sharing your finished creation with family and friends.

Please Note: Participants must bring a laptop to class and have their holiday photos saved in an easy-to-find folder on their computer.

Having your photos ready ahead of time will help you get the most out of this class!

Instructor CeCe Aers.

Sign up in advance $4 for members & $8 for non-members.
Call or visit the Centre or sign up online!

REGISTER HERE

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December 2026

Downsizing & Decluttering Talk
Monday, December 14 at 1:00pm

Is your home feeling a little too full? Thinking about downsizing, simplifying, or just getting more organized? Join us for an informative and inspiring talk all about downsizing, decluttering, and creating a more organized home!

Featuring Kim Wakem, Professional Organizer with Talbot West Organizing, and Bridget Blonde, Real Estate Agent, this presentation will offer practical advice, helpful tips, and valuable insights to help you navigate the process of simplifying your space.

Kim will share strategies for decluttering, organizing, and letting go of the things you no longer need, while Bridget will offer a real estate perspective on downsizing, preparing your home for the market, and making a move with confidence.

Whether you're thinking about downsizing in the near future or simply want to take control of clutter and make your home more functional, you'll walk away with ideas and inspiration to help you get started. Come learn how to clear the clutter, simplify your space, and make room for what matters most!

This is a free presentation, open to members & public!
Drop in and join us.

Winter Watercolour Class
Monday, December 14 at 6:30pm

Embrace the beauty of winter and let your creativity shine! In this relaxing, hands-on watercolour class, you'll create a charming winter scene featuring cheerful snowmen, snow-covered trees, and a peaceful snowy landscape. Learn simple watercolour techniques to capture the softness of falling snow, frosty branches, and the magic of a winter day. Whether you're new to watercolour or have painted before, this class is a wonderful opportunity to explore your creative side, enjoy some winter inspiration, and create a beautiful piece of seasonal artwork to take home. No experience necessary!

All supplies provided.

Instructor Carri McCoy.

Sign up in advance. $7 for members & $10 for non-members.

Call or visit the Centre or sign up online!

REGISTER HERE

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Nature Photography Group
Monday, December 14 at 7:00pm

Do you love nature and want to learn how to capture its beauty through photography? Join us at our monthly Nature Photography Group!

Discover how to take beautiful photographs of wildlife, flowers, and breathtaking natural landscapes. Whether you're just starting out or have some photography experience, you'll learn tips and techniques to help you get the most out of your camera.

All experience levels are welcome! Whether you use a point-and-shoot, DSLR, or mirrorless camera, everyone is invited to join in, learn something new, and share their love of nature and photography.

Drop in and join us! You never know what beautiful moments you'll capture!

$4 for membera & $8 for non-members.

Christmas Dinner – Thursday, December 17 at 5:30pm (doors open at 5:00pm)

Tickets are sold out. Please call the Centre at 519-674-5126 to be added to the waitlist. You will be contacted if tickets become available. Tickets are $25/person.

Holiday Magic at Home: Your Virtual Christmas Experience
Wednesday, December 16 at 10:00am

Bring the magic of the holiday season right into your home! Discover how YouTube can open the door to wonderful virtual holiday experiences from around the world. Take a virtual stroll through Europe's famous Christmas markets, enjoy dazzling neighbourhood holiday light displays, revisit classic black-and-white Christmas movies and memorable holiday TV episodes, and create a cozy atmosphere with virtual fireplaces and festive backdrops.

You'll also learn how to access and enjoy this content on your Smart TV, making it easy to bring holiday cheer to your living room. Whether you're feeling nostalgic or looking for new ways to celebrate, this class will help you make the most of the holiday season from the comfort of home!

Instructor CeCe Aers.

Sign up in advance $4 for members
& $8 for non-members.

Call or visit the Centre or sign up online!

REGISTER HERE

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December 2026

Winter Solstice – Yoga Nidra & Journaling Workshop
Monday, December 21 at 7:00–8:45pm

Whether you love winter or despise it, it's a season we can't avoid, we must go through it, so let's find a way together. In this Winter Solstice Workshop, you're invited to rest and reflect, embracing winter's invitations to rest, retreat, adapt, and imagine. Enjoy an evening of guided Yoga Nidra, journaling, crafting an intention card for winter, warm tea, and conversation.

Open to beginners, no prior experience is required.

Option to bring your own journal and cozy blanket.
Dress in comfortable, cozy layers.

Yoga mats, pens, paper, art supplies, and tea provided.

Registration fee: $7 for members, $10 non-members
Facilitated by Tanya Ullyatt and Krista Kankula

Sign up in advance. Call or visit the Centre or sign up online!

REGISTER HERE









Member Spotlight: Sara Crombez



Tell us a little bit about yourself:
I moved to Ridgetown in 2023 after living in London for many years, but previously grew up in Blenheim. Since moving to Ridgetown I have fallen in love with the town and welcoming community. I started a small t-shirt company based on the friendly nature of Ridgetownians, aptly called Friendly Neighbour Tees. I also work full time for Canada Life in the legal department and volunteer as a board member here at the Centre. My favourite hobby is golf, and I love watching Football and WNBA.



How long have you been a member at the Centre?
3 years.

What's your favourite thing about the Centre?
The community. It's interesting having moved here just over 3 years ago,I wondered how isolating it may be not knowing anyone and the opposite has been true. My partner Amy and I have met so many wonderful people at the Centre. I'm so thankful that the Centre opened the membership up to ages 30+ for that reason.

Who is your role model and why?
My mom. She is just the best. Smart, funny, and hardworking to name just a few of her strengths.



What constitutes the perfect day for you?
Time spent with friends outside, whether it be on the porch with our neighbours, on the golf course or sitting around a campfire. (Usually a cold beer would also be present)

If you could instantly master one skill, what would it be?
Engine repair and mechanical aptitude.

Art in the Community Exhibit - On view at The Centre until December 18

Enjoy and celebrate local CK Artists and their incredible talent in our Art in Our Community exhibit! Over 40 works of art are on display from 15 local artists.

Anytime the Centre is open for programming you are welcome to stop by and view our art exhibit. Many of the works are available for purchase. Art can be purchased via cash, credit or debit at our front desk.





Participating Artists:

Ismay Earl
Farida Luckham
Sean Ions
Jenn Shaw
Elke Trudgen
Lillian Burke
Francoise Lucid
Melanie Charbonneau
Carole Ann Aers
Shannon Rose
Ruth Reeb
Darlenne Girard
David Fife
Lisa Hiles







Become a part of our volunteer team! Current volunteer opportunities at the Centre:

Volunteers are the heart of the Centre! From working behind the scenes at events, to being on our Board of Directors and committees, to helping at the front desk, fundraising, and hosting and facilitating activities, we have a variety of positions available!

Want to learn more about these and other volunteer opportunities? Reach out to our Manager, Krista Kankula at 519-674-5126 or manager@ridgetownadultcentre.com

Volunteer at our Front Desk



This position may be a fit for you if you enjoy, greeting and talking to people, answering questions, promoting membership at the Centre, and are comfortable using a computer and processing transactions.

It's a flexible role. Choose 1–4 shifts a month. A shift is typically 3-4 hours.

You'll receive one-on-one training from our staff, so you feel confident and supported every step of the way.



NEW Added Perk
Once you've completed your training, for every front desk shift you complete, you'll receive money in your "wallet" that you can use towards activity participations, lunch tickets, art/craft class registration, foot clinic appts, refreshments, future membership renewals or buying an unlimited participation pass.

Interested in joining or want more information?
Contact the Centre, speak to our Events Coordinator, Amy admin@ridgetownadultcentre.com or stop by the front desk next time you're in.

Volunteer Opportunities Cont.



Board of Directors

We need volunteers with specific skill sets to join our Board of Directors. We are looking for individuals with career experience in administrative and/or financial functions. We also need individuals who have experience in planning and carrying out fundraising activities. The Board established a new Major Fundraising Committee that focuses on improving the long-term financial stability of the Centre and we need your help. Previous service on Boards would be a plus, but a desire to help the Centre move forward is by far the most important criteria.

If you have an interest in helping the Centre as a Director and have skills that might be of use, please submit a brief resume this coming January-February. The Centre needs your help!

Badminton Host



We're looking for 2 people to "host" our badminton activity.

As a host you will help:

- Welcome participants, make introductions and share the basic rules
- Pair people up to play games
- Help with timing games and ensure everyone gets an opportunity to participate
- Set up and take down the nets and put equipment away
- Encourage people to keep coming back to play and have fun

As a host you can still participate in the fun and play badminton. We will give you all of the instructions and support to make this role easy to do and enjoyable.

Reach out to Alison to learn more about this volunteer opportunity. Email.programs@ridgetownadultcentre.com
ph. 519-674-5126

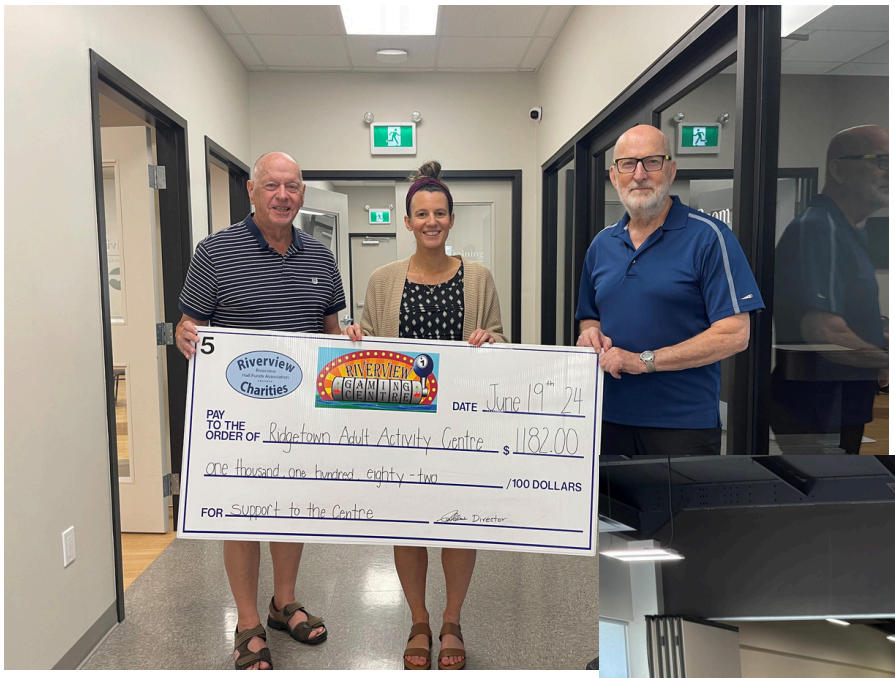
Volunteer Opportunities Cont.

Bingo Team Member - Help raise funds for the Centre

The Centre participates in the Riverview Gaming Centre's Charitable Gaming Program. It's a great fundraising opportunity for The Centre.

We're looking for members who are available to volunteer for a couple of hours, 3 to 4 times a year. To support you in this role you'll start by completing a 30-minute online training. After that your first shift is a training shift, so you can learn and feel confident in your volunteer role!

Call or email Krista at manager@ridgetownadultcentre.com if you're interested in learning more about this role.





About The Centre

Join us at the Centre for exercise, fun, & friendship

We believe that time spent with friends doing fun activities keeps you strong in mind, body and spirit and is one of the true joys of life. Membership is open to adults 30 years of age and up.

Membership is valid for one year.
Standard membership is $30 | Associate membership is $15

Are you an existing member of another CK Adult Activity Centre?
Show proof of membership to become an associate member!

Visit the Centre to learn more and tour our facility or sign up online to become a member at ridgetownadultcentre.com/become-a-member

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To learn more about volunteering, upcoming activities or to sign up for special events and classes, visit us in person or contact us at:

Phone: 519-674-5126
Email: centre@ridgetownadultcentre.com

Stay up to date and keep in touch with us on social media:
facebook.com/TheAdultActivityCentre/
instagram.com/ridgetownadultactivitycentre/





