the CENTRE
RIDGETOWN AREA ADULT ACTIVITY CENTRE

2026 December

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm No Line Dancing tonight	2 Walk it off 9:00am Chair Essentrics 9:00am VON Chair Exercise 11:00am Men's Walk it off 1:00pm Social Bridge 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm Footcare Clinic- call for appt.*	3 Walk it off 9:00am Line Dancing 11:00am Pilates 11:30am Floor Essentrics 12:00pm Games Room & Billiards 1-3pm Mahjong 1:00pm Art Collective 5:30pm Floor Yoga 5:30pm Chair Fitness with Osie 6:00pm Guided Yoga Nidra 6:45pm	4 Walk it off 9:00am Advanced Tai Chi 10:00am [full] Review: Beginners Tai Chi 11:00am [full] VON Chair Exercise 11:15am Po-Ke-No 1:00pm Learn New Card Games 2:00pm Restorative Yoga 6:00pm*	5 Chair Yoga with Lisa 10:00am Core & Sculpting 10:00am 50/50 Workout with Osie 11:05am
6	7 Walk it off 9:00am Chair Yoga with Tanya 9:30am VON Chair Exercise 11:00am Social Card Games 1:00pm Practice Tai Chi 2:00pm Floor Yoga 5:30pm Pepper 6:00pm Button Christmas Tree Ornament 6:30pm* Pickleball 7:00pm at RDHS	8 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm Line Dancing 7:00pm	9 Walk it off 9:00am Chair Essentrics 9:00am VON Chair Exercise 11:00am video only Men's Walk it off 1:00pm Social Bridge 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm	10 Walk it off 9:00am Line Dancing 11:00am Pilates 11:30am Floor Essentrics 12:00pm Holiday Memories in Motion 1:00pm* Games Room & Billiards 1-3pm Mahjong 1:00pm Floor Yoga 5:30pm Chair Fitness with Osie 6:00pm Guided Yoga Nidra 6:45pm	11 Walk it off 9:00am Advanced Tai Chi 10:00am [full] Review: Beginners Tai Chi 11:00am [full] VON Chair Exercise 11:15am Po-Ke-No 1:00pm Learn New Card Games 2:00pm Restorative Yoga 6:00pm*	12 Chair Yoga with Lisa 10:00am Core & Sculpting 10:00am 50/50 Workout with Osie 11:05am
13	14 Walk it off 9:00am Chair Yoga with Tanya 9:30am VON Chair Exercise 11:00am Downsizing & Decluttering Talk 1:00pm* Social Card Games 1:00pm Practice Tai Chi 2:00pm Floor Yoga 5:30pm Pepper 6:00pm Dungeons & Dragons 6:00pm Winter Watercolour Class 6:30pm* Pickleball 7:00pm at RDHS Nature Photography Group 7:00pm	15 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm Line Dancing 7:00pm	16 Walk it off 9:00am Chair Essentrics 9:00am Holiday Magic at Home: Your Virtual Christmas Experience 10:00am* VON Chair Exercise 11:00am Men's Walk it off 1:00pm Social Bridge 1:00pm Book Club 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm Footcare Clinic- call for appt.*	17 Walk it off 9:00am Line Dancing 11:00am Pilates 11:30am Floor Essentrics 12:00pm Games Room & Billiards 1-3pm Mahjong 1:00pm Christmas Dinner - Doors open at 5:00pm. Dinner at 5:30pm* All evening classes cancelled tonight	18 Walk it off 9:00am Advanced Tai Chi 10:00am [full] Review: Beginners Tai Chi 11:00am [full] VON Chair Exercise 11:15am Po-Ke-No 1:00pm Learn New Card Games 2:00pm Restorative Yoga 6:00pm*	19 Chair Yoga with Lisa 10:00am Core & Sculpting 10:00am 50/50 Workout with Osie 11:05am
20	21 Walk it off 9:00am Chair Yoga with Tanya 9:30am Bridge Lessons with Lee 10:00am* VON Chair Exercise 11:00am Social Card Games 1:00pm Practice Tai Chi 2:00pm Floor Yoga 5:30pm Pepper 6:00pm Winter Solstice – Yoga Nidra & Journaling Workshop 7:00-8:45pm* No Pickleball tonight	22 Walk it off 9:00am Card Making 11:00am Duplicate Bridge 1:00pm Sewing, Knitting & Crochet 1:00pm Po-Ke-No 1:00pm Mahjong 6:00pm Beginners Tai Chi 6:00pm [full] The Stitch Exchange 6:30pm Line Dancing 7:00pm	23 Walk it off 9:00am Chair Essentrics 9:00am DVD only VON Chair Exercise 11:00am Men's Walk it off 1:00pm Social Bridge 1:00pm Chair Yoga with Lisa 5:30pm 20/20/20 Workout 6:00pm Badminton 7:00pm	24–26 The Centre will be closed from December 24–January 3. We will reopen on January 4! We wish you a Happy & Safe Holidays and a Merry Christmas!		
27–31						

To learn more or sign up call us at 519-674-5126, email programs@ridgetownadultcentre.com or visit us person!
You can also sign up online https://myactivecenter.com/activities/6077:1

To attend activities marked with an asterisk (*), advance sign-up, booking, or ticket purchase is required. All other activities are drop-in unless otherwise specified.

December 2026

Program Pricing Changes – Effective December 1, 2026

We're implementing our first fee increase in over a decade. Our activity participation fee for members will be $4/activity and $8/activity for non-members. Our unlimited participation pass will only be available as a 3-month option and the price will be $100. Our membership fee remains the same.

We are committed to keeping our activities affordable. These changes will help address the pressure of increased costs to operate the Centre and ensure that we can sustain the quality and variety of programming we offer over the long term.

We understand you may be wondering how this impacts you and any current unlimited participation pass you have.

Question 1: Will my current unlimited pass still work after December 1?
As long as your unlimited participation pass is valid, then it will continue to work after the fee increases.

Question 2: I don't have an unlimited pass. Can I purchase at the current rate before December 1?
Yes, you can purchase an unlimited pass at our current rates from now until November 30.

Question 3: My unlimited pass doesn't expire for another month or a few months. Can I renew it early?
Yes, you can renew your unlimited participation pass early. Renewing early will not shorten or impact your current pass. Your renewal period will start after your current expiry date.

Join us for engaging activities, exercise, fun & friendship!
Membership is open to adults 30 and up!
Phone: 519-674-5126
Email: programs@ridgetownadultcentre.com
Website: ridgetownadultcentre.com

A note about actitvity and event sign ups:
If an activity or event requires advance sign up, booking. or a ticket purchase we put an asterisk (*) beside that activity on our calendar.

All of our other activities are drop-in unless otherwise specified.

Closure Notice:
The Centre will be closed from December 24-January 3.
We will reopen on January 4!

We wish you a Happy & Safe Holidays and a Merry Christmas!

Have an idea? We'd love to hear it!

Would you like to see new programs added to the Centre's calendar?

We're always looking for fresh ideas and exciting activities to offer our community. If there's a class, program, or workshop you'd love to see, please chat with Alison, our Activities Coordinator, and share your suggestions!

Your ideas help shape what we do!

Activity & Memberships Fees
1 Year Standard Membership - $30.00
1 yr. Associate Membership - $15.00
Are you an existing member of another Chatham-Kent adult centre? Show proof of membership to become an associate member with us!

Regular Activity Participation Fees:
Members & Associate Members - $4.00
Non-members - $8.00

3 month unlimited—$100.00

Foot Clinic Appts Members & Associate Members —$20
Non-members—$30

Accepted payment methods: cash, debit or credit. As a not-for-profit organization, we appreciate and encourage cash and debit transactions.

Get access to Ancestry

Ancestry—$25 for members & associate members (access for one year)

This gives you access to a World Deluxe membership which includes access to all records (Canadian and international) on Ancestry.

Sign up at the front desk!

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Art Collective – Thursday, December 3 at 5:30pm

The Artist Collective is a monthly creative hangout where visual artists of all experience levels can come work on their projects at their own pace. Drop in anytime between 5:30 and 8:30 pm, spread out your supplies, and get lost in your art. It's a relaxed space to connect with other makers, swap ideas, spark inspiration, and just enjoy creating together.

Drop in and join us. $4 for members & $8 for non-members.

Button Christmas Tree Ornament– Monday, December 7 at 6:30pm

Add a little colour and creativity to your holiday season! Join us for a fun, festive crafting class where you'll create your very own Christmas tree ornaments using an assortment of colourful buttons, and decorative wire. Layer and stack buttons in different sizes, shapes, and colours to create adorable little Christmas trees, each with its own unique personality. These charming ornaments are perfect for decorating your Christmas tree, adding a handmade touch to your holiday décor, or giving as a special gift.

No experience necessary! Just bring your creativity and enjoy a relaxing, festive time of crafting. All supplies are included. Come create something merry and bright!
Instructor Lisa Hiles. Sign up in advance $7 for members & $10 for non-members.

Holiday Memories in Motion– Thursday, December 10 at 1:00pm

Turn your favourite holiday memories into a festive video keepsake! In this fun, hands-on class, you'll learn how to use Google Photos or Windows Photos to bring your seasonal pictures to life by creating a photo slideshow with festive background music. We'll walk through the steps of selecting your photos, creating an automated video, adding music, and sharing your finished creation with family and friends.

Please Note: Participants must bring a laptop to class and have their holiday photos saved in an easy-to-find folder on their computer. Having your photos ready ahead of time will help you get the most out of this class!
Instructor CeCe Aers. Sign up in advance $4 for members & $8 for non-members.

Downsizing & Decluttering Talk – Monday, December 14 at 1:00pm

Is your home feeling a little too full? Thinking about downsizing, simplifying, or just getting more organized? Join us for an informative and inspiring talk all about downsizing, decluttering, and creating a more organized home!

Featuring Kim Wakem, Professional Organizer with Talbot West Organizing, and Bridget Blonde, REALTOR®, Nest Realty Inc. Brokerage, this presentation will offer practical advice, helpful tips, and valuable insights to help you navigate the process of simplifying your space. Kim will share strategies for decluttering, organizing, and letting go of the things you no longer need, while Bridget will offer a real estate perspective on downsizing, preparing your home for the market, and making a move with confidence.

Whether you're thinking about downsizing in the near future or simply want to take control of clutter and make your home more functional, you'll walk away with ideas and inspiration to help you get started. Come learn how to clear the clutter, simplify your space, and make room for what matters most!

This is a free presentation, open to members & public!

Winter Watercolour Class – Monday, December 14 at 6:30pm

Embrace the beauty of winter and let your creativity shine! In this relaxing, hands-on watercolour class, you'll create a charming winter scene featuring cheerful snowmen, snow-covered trees, and a peaceful snowy landscape. Learn simple watercolour techniques to capture the softness of falling snow, frosty branches, and the magic of a winter day. Whether you're new to watercolour or have painted before, this class is a wonderful opportunity to explore your creative side, enjoy some winter inspiration, and create a beautiful piece of seasonal artwork to take home. No experience necessary!

All supplies provided.
Instructor Carri McCoy. Sign up in advance. $7 for members & $10 for non-members.

December 2026

Nature Photography Group– Monday, December 14 at 7:00pm

Do you love nature and want to learn how to capture its beauty through photography? Join us at our monthly Nature Photography Group!

Discover how to take beautiful photographs of wildlife, flowers, and breathtaking natural landscapes. Whether you're just starting out or have some photography experience, you'll learn tips and techniques to help you get the most out of your camera.

All experience levels are welcome! Whether you use a point-and-shoot, DSLR, or mirrorless camera, everyone is invited to join in, learn something new, and share their love of nature and photography.
Drop in and join us! You never know what beautiful moments you'll capture!

$4 for membera & $8 for non-members.

Holiday Magic at Home: Your Virtual Christmas Experience– Wednesday, December 16 at 10:00am

Bring the magic of the holiday season right into your home! Discover how YouTube can open the door to wonderful virtual holiday experiences from around the world. Take a virtual stroll through Europe's famous Christmas markets, enjoy dazzling neighbourhood holiday light displays, revisit classic black-and-white Christmas movies and memorable holiday TV episodes, and create a cozy atmosphere with virtual fireplaces and festive backdrops.

You'll also learn how to access and enjoy this content on your Smart TV, making it easy to bring holiday cheer to your living room. Whether you're feeling nostalgic or looking for new ways to celebrate, this class will help you make the most of the holiday season from the comfort of home!

Instructor CeCe Aers. Sign up in advance $4 for members & $8 for non-members.

Christmas Dinner– Thursday, December 17 at 5:30pm (doors open at 5:00pm)

Join us on Thursday, December 17 at 5:30pm (doors open at 5:00pm) for our annual Christmas Dinner! Enjoy a festive evening featuring a traditional turkey dinner, catered by Yeck's Smokehouse Grill, followed by a delicious cheesecake dessert provided by Liz McDonald.

The evening's entertainment will feature magician Keith Brown, taking the stage at 7:00pm. Get ready for an evening of great food, magical entertainment, and Christmas cheer!

There will be a cash bar. Tickets are $25/person. Get yours before they are gone!

Winter Solstice – Yoga Nidra & Journaling Workshop– Monday, December 21 at 7:00–8:45pm

Whether you love winter or despise it, it's a season we can't avoid, we must go through it, so let's find a way together. In this Winter Solstice Workshop, you're invited to rest and reflect, embracing winter's invitations to rest, retreat, adapt, and imagine. Enjoy an evening of guided Yoga Nidra, journaling, crafting an intention card for winter, warm tea, and conversation.

Open to beginners, no prior experience is required.

Option to bring your own journal and cozy blanket. Dress in comfortable, cozy layers.

Yoga mats, pens, paper, art supplies, and tea provided.

Registration fee: $7 for members, $10 non-members
Sign up in advance